

Cross Country 2025 in Neuss



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Thursday	Arrival of the Delegations 8pm Opening meeting at Youth hostel Düsseldorf
Friday	Training at the competition area
Saturday	Competition Victory celebration and joint conclusion of the sports event
Sunday	Departure of the delegations

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Accommodation Youth Hostel Düsseldorf

The following prices apply to all persons who sleep and eat in Düsseldorf Youth Hostel:

Single Room 93,40 € full board/Day per person

Double Room 74,40 € full board/Day per Person

Shared Room 52,40 € full board/Day per Person

We can also offer half board

We are currently determining further costs for transport.

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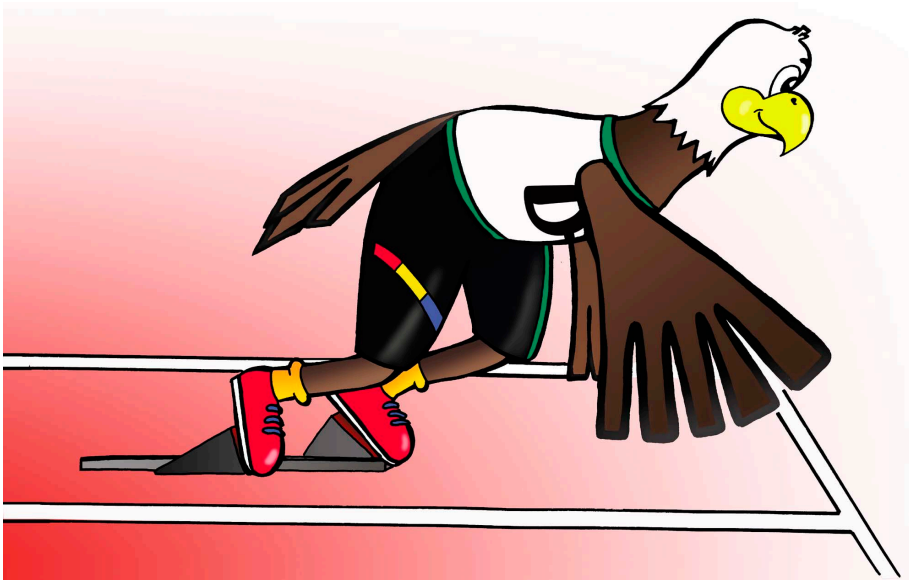
The Courses

The length of the course:

Girls 4 rounds ca. 3200 m

Boys 5 rounds ca. 4000 m

Different surfaces (sand, grass, ash, clay) and light obstacles such as tree trunks and straw bales are the only small “hurdles”.

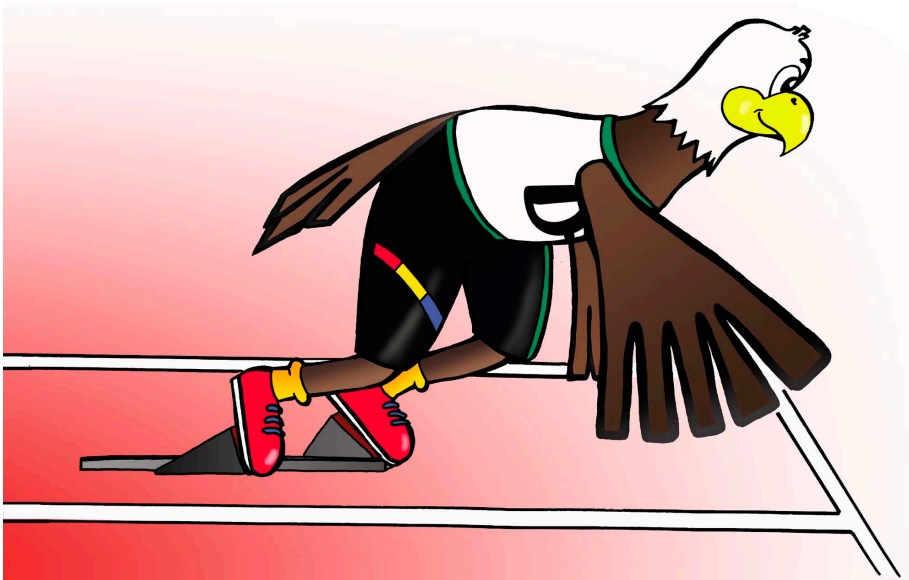


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Since the next Cross Country will not take place until December 7th, I will not be able to provide any more photos until then.

But of course we are always happy to answer any questions you may have!

We would be delighted if we could welcome many of you at the cross country run.



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